



**CYBEXercise** 

Taking multi-purpose strength training to new heights.



# CYBEX Jungle Gym

It looks serious because it is serious.

One glance at the CYBEX Jungle Gym, and you know our engineers were serious about taking modular, multi-purpose strength training equipment to a whole new level. This professional quality system has the look, feel and performance you expect from a company that's serious about fitness.

Our new Jungle Gym is more than an ideal complement to the CYBEX equipment your members already know and trust. It's an essential part of any well-balanced facility committed to offering members a well-rounded workout.

#### The right fit for your fitness club.

You can configure this multi-station performer to the needs of your facility — no matter how challenging the environment. From our Cable Crossover to a four-stack with the Attached Cable Crossover to two four-stacks connected by a Cable Crossover, the CYBEX Jungle Gym is the right fit-for your facility and everyone in it. Like your members, it belongs in your club.

#### CYBEX Quality - in a Jungle Gym.

This fitness club staple is made from cold rolled solid steel and engineered to our high standards. So you can expect the rugged reliability and low-maintenance that have become CYBEX trademarks.

The CYBEX Jungle Gym is the missing link for clubs who want to offer members the complete line of high performance CYBEX strength and cardio equipment.

## What's your Jungle Gym?

Use our modular building blocks to create a professional quality multi-gym to accommodate everyone one from serious strength trainers, to members who are just getting started on the road to fitness.



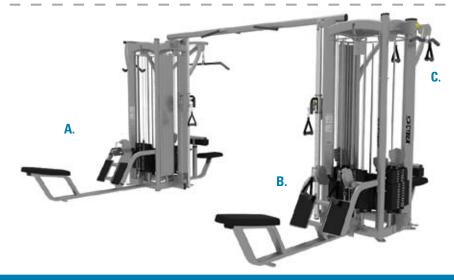
#### **OUAD TOWER 17000**

The core Jungle Gym accepts any two of the following at opposite sides:

<ul> <li>Low Row</li> </ul>	17030
<ul> <li>Dual Handle Low Row</li> </ul>	17040
Lat Pull	17070
Dual Handle Lat Pull	17080

#### The remaining two sides will accept:

•	Hi –Lo	17050
•	Triceps Pushdown	17060
•		17090
•		17120
•	<b>Embedded Cable Crossover</b>	17130



#### **A. Low Row 17030**

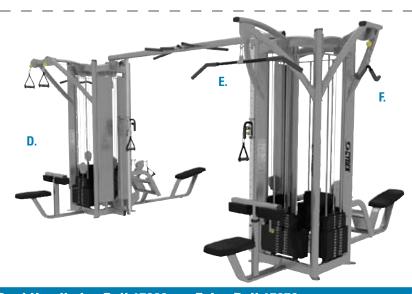
- 17-inches from the ground.
- Seat is placed at a 10-degree angle to allow users clear access to the footplates. • Seat cushion is ergonomically positioned
- Pulley position allows for an optimal path of motion of the handle for rows.

#### **B. Dual Handle Low Row 17040**

- Seat cushion is ergonomically positioned
   Dual handles for independent movement, and delivers a 2:1 lifting ratio when used independently.
  - Diverging pulley alignment for natural movement.
  - 17-inches from the ground.
  - Seat is placed at a 10-degree angle to allow users clear access to the footplates.
  - · Pulley position allows for an optimal path of motion of the handle for rows.

#### C. Hi -Lo 17050

- Dual cable outlets make this an excellent multi-purpose station for movements like arm curls and triceps pushdowns.
- The 2:1 lifting ratio provides for low take-off resistance and controlled inertia.



#### D. Dual Handle Lat Pull 17080

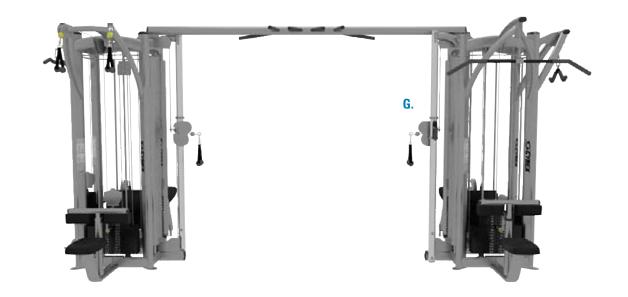
- located to encourage correct form for the lat pulldown movement.
- Dual handles for independent movement, and delivers a 2:1 lifting ratio when used independently.
- Diverging pulley alignment for natural movement.

#### **E. Lat Pull 17070**

- located to encourage correct form for the lat pulldown movement.
- Adjustable thigh pad provides stabilization for a wide variety of user heights.

#### F. Tricep Pushdown 17060

• The forward-aligned pulley is carefully • The forward-aligned pulley is carefully • Overhead pulley location allows for a greater variety in body position.



#### G. Adjustable Cable Column 17090

- Adjustment tube has 22-positions, located 3" apart.
- The 2:1 lifting ratio provides for decreased inertia.
- Includes user-side weight shield.

#### **Embedded Cable Crossover 17130**

Used when a Cable Crossover is desired as part of a "dual quad" Jungle Gym. It includes two adjustable cable columns and a connecting tube with multiple pull-up and chin-up handles.



#### **Free Standing Cable Crossover 17110**

Includes two Adjustable Cable Columns with towers and stabilization, as well as a connecting tube with multiple pull-up and chin-up handles.

#### **Attached Cable Crossover 17120** (not pictured)

This Cable Crossover attaches to one side of the Quad Tower and extends outward to a free-standing end attached by a connecting tube with multiple pull-up and chin-up handles.

### specifications

Product No.	Description	Length		Width		Height		Weight Stack		Machine Weight	
JUNGLE GYM		IN.	CM.	IN.	CM.	IN.	CM.	LBS	Kg	LBS	Kg
17000	Quad Tower	32	81	28	71	86	218			240	94
17030	Low Row	71	180	32	81	86	218	250	112.5	425	167
17040	Dual Handle Low Row	71	180	32	81	86	218	250	112.5	435	171
17050	Hi / Lo Cable	10	25	28	71	86	218	200	90	320	126
17060	Triceps Pushdown	13	33	28	71	88	224	200	90	325	128
17070	Lat Pull	38	97	32	81	87	221	250	112.5	390	154
17080	Dual Handle Lat Pull	38	97	32	81	88	224	250	112.5	405	159
17090	Adjustable Cable	14	36	28	71	86	218	200	90	350	138
17110	Free Standing Cable Crossover	143	364	48	122	90	229	200	79	1070	421
17120	Attached Cable Crossover	127	324	48	122	90	229	200	79	910	358
17130	<b>Embedded Cable Crossover</b>	111	282	28	71	90	229	200	79	750	295



#### CYBEX Strength products are Made in the USA

#### WORLD HEADQUARTERS

10 Trotter Drive • Medway • MA 02053 USA • T +1.508.533.4300 • F +1.508.533.5500

#### CYBEX INTERNATIONAL UK LTD

Oak Tree House • Atherstone Road • Measham • Derbyshire • DE12 7EL UK T +44.845.606.0228 • F +44.845.606.0227

