

CYBEX®
Serious about fitness.

MG-525 MULTI-GYM



MG-525



SERIOUSLY SIMPLE. SENSIBLY SAFE.

Are you looking to provide guests, residents, or employees with a simple way to stay fit — without taking up a lot of space or hiring a staff of trainers to supervise their workouts?

The CYBEX MG-525 is a versatile multi-gym that offers biomechanically correct exercises for a full body workout in a sleek, compact, 67-square-foot package. Three people can get fit at the same time on this all-in-one gym. And all exercises were developed in coordination with the CYBEX Institute for Exercise Science — So they're safe to perform for everyone from serious strength trainers to those who just want to work up a sweat.

Now everyone can enjoy a complete workout on quality strength training equipment created by the fitness equipment company with a proven track record for rugged reliability and low-maintenance. The MG-525 is built to be used by everyday athletes and traveling superstars committed to getting and staying fit.



LEG EXTENSION



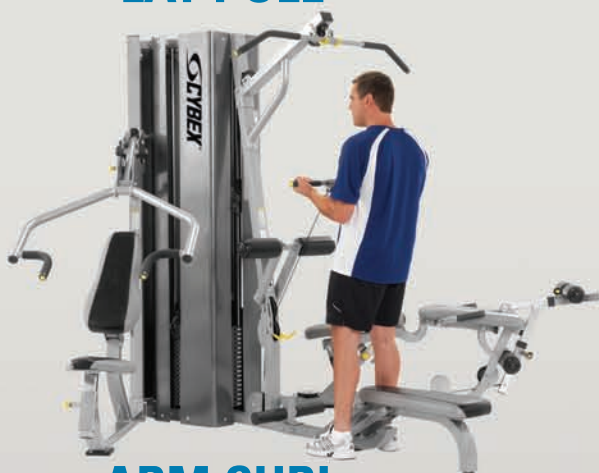
LEG CURL



LAT PULL



ROW



ARM CURL



ARM EXTENSION



CHEST PRESS

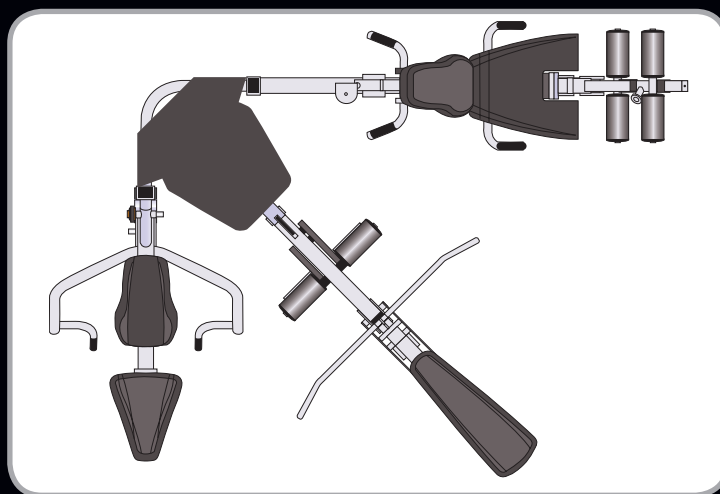


OVERHEAD PRESS

CYBEX MG-525 MULTI-GYM

SMALL FOOTPRINT. BIG TIME WORKOUTS.

The CYBEX MG-525 is an ideal centerpiece for facilities where space is at a premium, but fitness is a priority. Add a CYBEX Arc Trainer and Treadmill to complement this quality strength training station. You've now created a compact fitness facility where everyone can relax, recharge, and get ready for what's next.



specifications

Product Number	8701
Dimensions	83" L x 119" W x 88" H (211 cm x 302 cm x 224 cm)
Machine Weight	904 lbs (410 kg)
Weight Stack	Three Weight Stacks: each 200 lbs (91 kg)
Standard Accessories	lat pull bar, row/arm curl handle
Color	Platinum Sparkle frame with Black Chrome enclosures. Black and gray upholstery.

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