

# **Total Access**

Stage 2 IFI accredited equipment



**CYBEX**ceptional



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# Features and Benefits



**Raised iconography on main console controls**



**Colour contrasted belt and deck**



**Laser cut numbers for easy seat positioning**



**Colour contrasted easy access handlebars**



**Raised weight stack numbering**



**Large locking foot pedals for mounting/dismounting**



**One handed locking seat adjustments**



**Range of movement adjustment**



**Twist select low increment weights**



**Handle start height adjustment**



**Large seat base for stability**



**Large print and graphic exercise instructions**



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## Upright Cycle | Model 530C

### Features

- Raised Console Iconography and Colour allows easy identification of the main controls. Both older adults and visually impaired users benefit from colour, larger buttons and text.
- Colour Contrasted Handlebar Grips offer ease of identification and support when mounting and dismounting.
- Central Height Adjustment for Saddle allows users to adjust saddle height with either hand.
- Unicam Pedals with Heel Straps prevent user's feet from slipping off pedals.
- Seat Post positions have large text and raised Iconography numbers for easy and quick seat positioning.



Raised console iconography



Colour contrasted handlebars



Central adjustment for saddle



Unicam pedals with heel straps

### Specifications

**Model Number:** 530C

**Resistance:** 15 – 900 watts

**Dimensions:** 49" (124 cm) L x 23" (58 cm) W  
x 56" (142 cm) H

**Maximum User Weight:** 400 lbs. (181 kg)

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# Upright Cycle | Model 530C



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## Recumbent Cycle | Model 530R

### Features

- Central Seat Position Adjustment allows users to adjust seat position with either hand.
- Easy Access Side Handles below seat height for ease of transfer.
- Raised Console Iconography and Colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Unicam Pedals with Heel Straps prevents user's feet from slipping off pedals.
- Raised Iconography on Seat Adjustments. Seat carriage positions have large text and raised iconography numbers for easy and quick seat positioning.
- Colour Contrasted Handlebar Grips offer ease of identification and support when mounting and dismounting.



**Raised console iconography**



**Easy access handlebars**



**Central seat adjustment**



**Unicam pedals with heel straps**

### Specifications

**Model Number:** 530R

**Resistance:** 15 – 900 watts

**Dimensions:** 58" (148 cm) L x 25" (64 cm) W  
x 47" (119 cm) H

**Maximum User Weight:** 400 lbs. (181 kg)

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# Recumbent Cycle | Model 530R



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## Arc Trainer | Model 630A

### Features

- Locking Mechanism for Foot Pedals provides complete stability for users when stepping on and off the equipment.
- Static Side Handles offer added stability when mounting, dismounting and exercising.
- Raised Console Iconography and Colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Large Colour Contrasted Foot Pedals ensure easy identification when mounting and dismounting.



Raised console iconography



Static side handles



Foot pedal locking mechanism



Colour contrasted foot pedals

### Specifications

**Model Number:** 630A

**Resistance:** Up to 900 watts

**Stride Length:** 24" (61 cm)

**Incline Levels:** 11

**Dimensions:** 81" (206 cm) L x 60" (153 cm) H; 38" (96 cm) W at upper hand grips; 28.5" (72 cm) at base

**Maximum User Weight:** 400 lbs. (181 kg)

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# Total Body Arc Trainer | Model 630A



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## Treadmill | Model 445T

### Features

- Multiple Belt Logos ensure that one logo is always completely visible at all times so that visually impaired and other users can recognise if the belt is moving.
- Raised Console Iconography and Colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Emergency Stop Lanyard provides safe emergency stop for users with limited upper limb function.
- Running Deck and Belt Colour Contrast. An important feature for users to be able to determine whether the belt is moving from the static side rails.



### Specifications

**Model Number:** 445T

**Speed Range:** 0.5 mph – 11 mph  
(0.8kph – 17.6 kph)

**Elevation Range:** 0% – 15%

**Running Surface:** 20" x 60"  
(51 CM x 152 CM)

**Dimensions:** 72" (183 CM) L x 32"  
(81 CM) W x 61" (155 CM) H

**Maximum User Weight:** 350 lbs. (181 kg)



Raised console iconography



Emergency stop lanyard



Multiple belt logos



Colour contrasted deck & belt

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# Treadmill | Model 445T



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## Lat Pull | Model 14130

### Features

- **Bar Handle Height Adjustment.** This lever operated single arm handle height adjustment allows the bar to be adjusted for shorter and wheelchair users down to 1400mm start height from a seated position.
- **Adjustable Knee Restraint and Seat Height** allows shorter users and others with poor trunk stability to maintain full flat foot contact with the floor. This permits correct pelvic positioning and avoids a round back during exercise.
- **Instructions at Seated User Height** ensure ease of reading from a seated position by all users including wheelchair users.
- **Raised Numbering** with large fonts facilitates easy adjustment for older or visually impaired users.
- **User Accessible Weight Stack** offers ease of weight selection from seated exercise position.
- **Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems** offering 2.5 kg Increments is suitable for inexperienced and older users.



Bar handle height adjustment



Raised numbering



Adjustable knee restraint



Instructions at seated height



### Specifications

**Model Number:** 14130

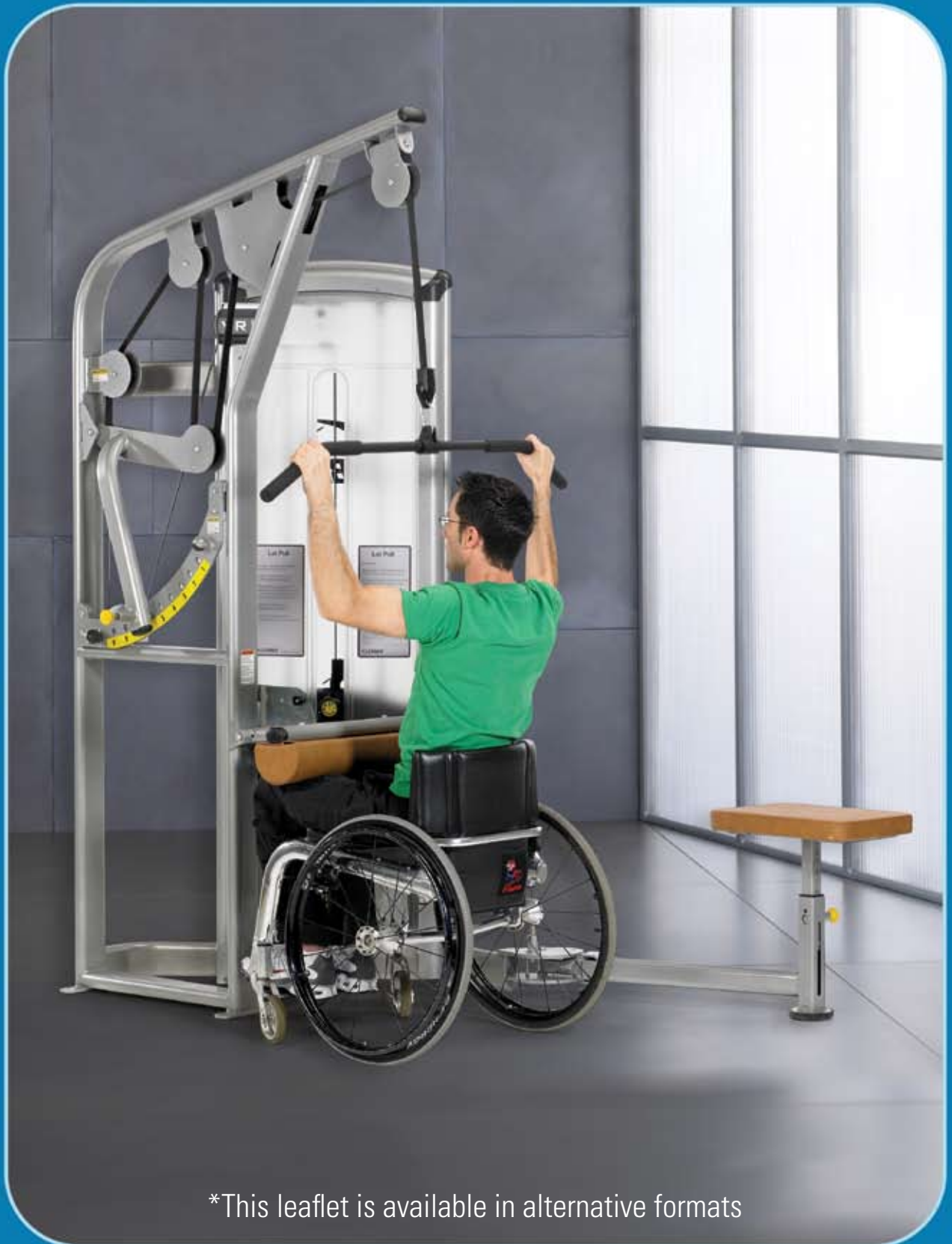
**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

**Dimensions:** 55.38" (141 cm) L x 55.25"  
(140 cm) W x 90.75" (231 cm) H

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# Lat Pull | Model 14130



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## Chest Press | Model 14000

### Features

- Locking Plunger Adjustment on swing away seat allows easy access for wheelchair users and one-handed seat adjustment for users with limited mobility.
- Adjustable Input Arm enables a non-stressed start position for users with limited shoulder flexibility and wheelchairs users.
- Upright Seat Back Support (10°) allows wheelchair users to maintain stability with heavier weights.
- User Accessible Weight Stack offers ease of weight selection from seated exercise position.
- Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems offering 2.5 kg Increments is suitable for inexperienced and older users.
- Top Mounted Exercise Pivot Position ensures correct biomechanical chest press movement from the hinged lever arm pivoting at the top.
- Choice of Upper and Lower Handle Positions caters for wheelchair users, shorter users and those with balance problems.



Upright seat back support



Adjustable input arm



Twist select



Locking plunger adjustment

### Specifications

**Model Number:** 14000

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

**Dimensions:** 59.5" (151 cm) L x 43.25"  
(110 cm) W x 68.63" (174 cm) H

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# Chest Press | Model 14000



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## Overhead Press | Model 14010

### Features

- Swing Away Seat with locking plunger adjustment allows easy access for wheelchair users and one-handed seat adjustment for users with limited mobility.
- Choice of Upper and Lower Handle Positions caters for wheelchair users, shorter users and those with balance problems.
- Counterbalanced Input Arm with 2.5kg start weight. This allows all users a light start weight for single arm (unilateral) use benefiting inexperienced and disabled users, including amputees and stroke patients.
- Large Type Instructions with clear fonts, including written and graphic instructions, to suit all users.
- User Accessible Weight Stack offers ease of weight selection from seated exercise position.
- Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems offering 2.5 kg Increments is suitable for inexperienced and older users.
- Raised Weight Stack iconography for visually impaired users. to identify weight stack positions.



Choice of handle positions



Counterbalanced input arm



Large type instructions



Locking plunger adjustment

### Specifications

**Model Number:** 14010

**Standard Stack:** 165 lbs. (75 kg)

**Heavy Stack:** 205 lbs. (93 kg)

**Dimensions:** 63.75" (162 cm) L x 59.38" (151 cm) W x 63.88" (162 cm) H

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# Overhead Press | Model 14010



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## Row | Model 14030

### Features

- Choice of Upper and Lower Handle Positions caters for wheelchair users who cannot adjust seat height, shorter users and those with balance problems, who can then maintain full foot contact with the floor.
- Eight Position Reversible Chest Pad ensures a full range of movement is achieved by both tall and short users.
- Large Seat Base offers more stability and confidence for older users as well as those with trunk stability problems.
- Top Mounted Input Arm Pivot position maintains the natural body movement of a gradually descending hand position during the movement.
- User Accessible Weight Stack offers ease of weight selection from seated exercise position.
- Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems offering 2.5 kg Increments is suitable for inexperienced and older users.



Choice of handle positions



Top mounted input arm pivot



Large seat base



8 position reversible chest pad

### Specifications

**Model Number:** 14030

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

**Dimensions:** 51.25" (130 cm) L x 45.5" (116 cm) W x 76" (193 cm) H

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# Row | Model 14030



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## Cable Column | Model 14220

### Features

- Multi Function Exerciser offering a very wide variety of exercises for all non-disabled and disabled users.
- Two Large Stability Handles provide wheelchair and other users with the ability to stabilise when performing unilateral (single arm) exercises.
- Large Type Instructions with clear fonts, including graphic instructions to suit all users.
- Laser Cut Numbers on vertical height adjustment pole. The large numbers can be easily identified by visually impaired users.
- Low 2.5kg Start Weights and 1.25kg Increments permit single arm exercise for users with stroke or other upper body impairment.
- Pistol Grip Height Adjustment enables adjustment of start height with one hand, essential for amputees and stroke users.
- Integral 3-position Twist Select mechanism offers ease of weight selection from seated exercise position.



Large stability handles



Height adjustment lever



Laser cut numbers



Large type instructions

### Specifications

**Model Number:** 14220

**Standard Stack:** 305 lbs. (138 kg)

**Dimensions:** 52" (132 cm) L x 43"  
(110 cm) W x 92" (233 cm) H

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# Cable Column | Model 14220



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## Leg Curl | Model 14061

### Features

- Five Position Adjustable Calf Pad accommodates different lower leg lengths.
- Large Seat Base facilitates easy transfer from a wheelchair.
- Thigh Pad Hold-Down Mechanism allows the thighs to be secured above the knee for reduced shear force on the knee joint while keeping it in a stable position.
- Raised Numbers and Large Font on ROM. Start positions are easy to adjust/identify for visually impaired and older users.
- Start ROM on Cam Synchronised with User. Regardless of the starting position, the CYBEX Patent Pending ROM adjustment ensures the cam moves to maintain the correct strength profile for the user.
- User Accessible Weight Stack offers ease of weight selection from seated exercise position.
- Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems offering 2.5 kg Increments is suitable for inexperienced and older users.



Adjustable calf pad



Large seat base



Thigh pad clamping mechanism



Raised numbering

### Specifications

**Model Number:** 14061

**Standard Stack:** 165 lbs. (75 kg)

**Heavy Stack:** 205 lbs. (93 kg)

**Dimensions:** 56" (142 cm) L x 39" (99 cm) W x 64" (162 cm) H

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# Leg Curl | Model 14061



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## Leg Extension | Model 14051

### Features

- Sliding Adjustment for Tibia Pad Length. The tibia pads can be quickly and accurately positioned at the base of the shins without the need to screw or unscrew a lever.
- Spring Loaded Seat Back Adjustment Lever which can be adjusted either from on or off the equipment. The push down lever is easy to operate for users with limited grip.
- Side Handles parallel to seat side to assist with transfer.
- Raised Numbers and Large Font on ROM. These make start positions easy to adjust and identify for visually impaired and older users.
- Large Seat Base facilitates easy transfer from a wheelchair.
- Start ROM on Cam Synchronised with User. Regardless of the starting position, the CYBEX Patent Pending ROM adjustment ensures the cam moves to maintain the correct strength profile for the user.
- User Accessible Weight Stack offers ease of weight selection from seated exercise position.
- Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems offering 2.5 kg Increments is suitable for inexperienced and older users.



Adjustment for tibia length pad



Seat back adjustment lever



Side handles



Raised numbering

### Specifications

**Model Number:** 14051

**Standard Stack:** 245 lbs. (111 kg)

**Heavy Stack:** 305 lbs. (138 kg)

**Dimensions:** 49" (124 cm) L x 41"  
(104 cm) W x 64" (162 cm) H

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# Leg Extension | Model 14051



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## Leg Press | Model 14040

### Features

- Centrally Mounted Seat Adjustment with lever which can be easily operated with either right or left hand by pressing lever. No grip is required.
- Instructions at Seated User Height ensures ease of reading from a seated position by all users including those in wheelchairs.
- Large Foot Plate for stability when exercising.
- Laser Cut Numbering for seat adjustments, which can be viewed whilst seated. The large numbers are easily identified by visually impaired users.
- Side Handles below seat height for ease of transfer.
- Large Backrest and Seat Base offer more stability and confidence for older users as well as those with balance problems.
- User Accessible Weight Stack offers ease of weight selection from seated exercise position.
- Weight Stack with Low Start Weight and Integral Three-Position Twist Select systems offering 2.5 kg Increments is suitable for inexperienced and older users.



Central seat adjustment



Instructions at seated height



Large foot plate



Laser cut numbering

### Specifications

**Model Number:** 14040

**Standard Stack:** 405 lbs. (184 kg)

**Heavy Stack:** 505 lbs. (229 kg)

**Dimensions:** 99" (252 cm) L x 41"  
(104 cm) W x 78" (198 cm) H

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# Leg Press | Model 14040



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# Total Access From CYBEX



We support you with the best value products which have been innovatively developed without compromising quality. Our comprehensive range of Stage 2 IFI accredited equipment can help your facility attract a huge diversity of customers.

Our forward thinking research and development means that our equipment is constantly evolving to not merely achieve but to exceed Inclusive Fitness Initiative (IFI) standards. By working with the IFI as a research partner and with disabled people to develop new equipment, we have a true understanding of the needs of the disabled population whether they have cognitive, sensory or mobility challenges.

That said, our inclusive equipment is also appropriate and user-friendly for your non-disabled clients too. This ensures that you need only purchase one set of equipment and that all of your customers feel intergrated.

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