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# Traction and Decompression Therapy 2011



#### **INTRODUCTION**



Chattanooga is the world's largest manufacturer of rehabilitation equipment for treating musculoskeletal, neurological and soft tissue disorders. For over six decades, Chattanooga has set a benchmark for leadership, reliability and excellence. Our products contribute to better treatment outcomes in hospitals, clinics and home settings worldwide. We lead the physiotherapy industry by example and, through continuous innovation, provide real world solutions for clinicians and their patients.

As the world's leading brand in rehabilitation, Chattanooga is sold in over 80 countries worldwide. Chattanooga is directly represented in our key markets but also has long lasting relationships with dedicated distributors in the USA, Canada, Latin America, EMEA and Asia Pacific. Our Chattanooga distributors and customers are supported for order placement, training, product delivery and after sales service by a dedicated team of highly skilled DJO employees based all over the world.

Chattanooga is a brand of DJO Incorporated. DJO is a leading global developer, manufacturer and distributor of high-quality medical devices that provide solutions for musculoskeletal health, vascular health and pain management. The company's brands address the continuum of patient care from injury prevention to rehabilitation after surgery, injury or degenerative disease.



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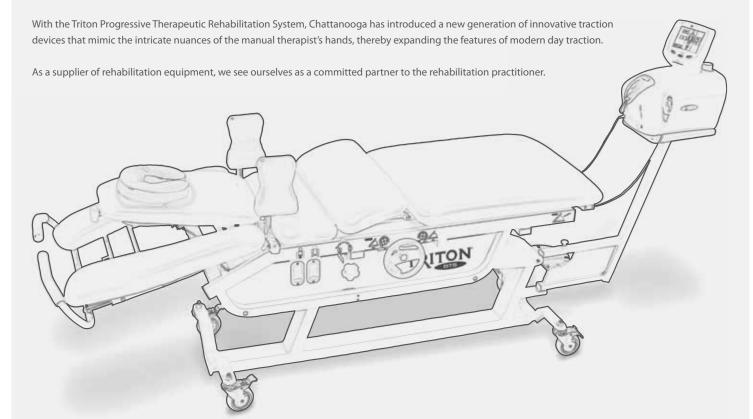
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#### **TRACTION**

Manual and mechanical traction has been utilized for years as a safe solution in the treatment of spinal conditions involving nerve root compression, acute muscular spasm and osteoarthritic discogenic conditions. However, all mechanical traction devices are not the same. Chattanooga Triton Traction system sets the standard.







## CONTENTS

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Saunders Home Traction Devices	9
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## **SPINE SOLUTIONS WITH TRITON DTS®**









## Mechanical/Physiological Effects of Traction Therapy

#### Decompression

- Relieve pressure on nerves
- Unload spine
- Decrease disc bulging
- Separate vertebrae

## Mobilisation

- Stretch the ligaments and tendons
- Stress the capsule, facet joints and intravertebral discs
- Migration of nucleus pulposus

## Anti-inflammatory response

- Decrease muscle tone
- Decrease inflammation

#### **Circulation Improvement**

- Blood flow to tissues
- Venous flow away from tissues

#### **Clinical Indications for Traction Therapy**

- Back pain resulting from herniated, bulging, or protruding discs
- Discogenic pain
- Joint pain
- Spondylosis
- Facet joint disorders
- Root impingement
- Hypomobility
- Compression fractures
- Muscle spasms
- Cervical radiculopathy

#### **Clinical Benefits of Traction Therapy**

- Decreased pain
- Decreased muscle tone
- Increased range of motion
- Increased flexibility
- Reduced edema
- Reduced disc herniation
- Relieve nerve root compression

#### **ORDERING INFORMATION Part Number** Description **Triton DTS** 4767 Triton DTS Package includes: - 4798 Triton DTS Traction Unit - 4769 Triton DTS Traction Table - 48084 Patient Interrupt Switch - 27465 Patient Data Card (1x) QuikWrap™ DTS Belting System - 2825 Saunders Cervical Traction Device (with - 7040 clevis) - 42901 Knee Bolster Set Stabilizer Pressure Biofeedback - 9296 - 48144 User Manual on CD **Optional Accessories** 4766 EMG module includes: - 48084 Patient Interrupt/EMG Indicator Switch **EMG** Leadwire DuraStick® Plus 5cm Round Electrodes - 42192 (4x)DuraStick® Premium 3cm Round - 42205 Electrodes (4x) 8663002 Black Naugahyde Wedge

#### **COLOR OPTIONS**

#### **Standard Colors**

Black (002)

Imperial Blue (001)

Burgundy (004)



Midnight Gray (033)

Stone Blue (061)

NOTICE: Color charts are produced within the limitations of lithographic color printing and are intended as a general guide only.

## **TRITON DTS® PACKAGE**



#### **FEATURES**

The Chattanooga Triton DTS package offers a complete system with a uniquely engineered spine table, a sophisticated traction unit, and simple harnessing with Quik-Wrap $^{\text{M}}$ . The system is further accessorized with a cervical traction attachment, knee bolsters, and pressure biofeedback device.

- 5 unique DTS Pull Patterns deliver pulls designed to closely replicate the manual therapy experience
- Pretension step eases guarding and provides greater comfort for the acute patient
- Independent timer control for pretension, progression, traction, and regression
- Automatic speed variation during the Progressive phase
- Gradient pulls, oscillations, and Progressive Range of Motion
- Variable speed motor (30%, 50%, 100%) increases treatment flexibility
- Clinical Protocols™ for cervical and lumbar along with 80 User-Defined Protocol slots
- Static, intermittent, and cycling traction options
- Full color graphic library includes anatomical images, common pathologies, and detailed belting techniques on high resolution touch-screen
- · Multi-lingual software on board
- Save patient treatment sessions on Patient Data Cards, which record patient pain mapping, pain scales, and pain types all from the unit to the card
- Optional surface EMG activation initiates the session when patient relaxes to the EMG target



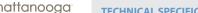






#### **FEATURES**

- Provides maximum patient comfort in prone and supine positions for both manual therapy and traction therapy.
- Pelvic Tilt section provides flexion of lumbar spine to improve positioning in traction
- Pelvic Tilt helps address pelvic asymmetry commonly seen in low back pain patients
- Independently controlled arm and chest sections assist in maintaining a neutral spine
- Repositional head piece elevates to 35°, allowing easy access to the thoracic and cervical spine
- Repositional head piece cradles the patient's head comfortably in prone and supine
- Tuck-away, grab bars for prone hanging traction without a thoracic restraint
- Gas spring assist on friction-free moveable sections for easy positioning
- Adjustable height table from 52 104 cm
- $\bullet \ Removable \ axilla \ posts \ provide \ additional \ fix at ion \ to \ the \ table, preventing \ slippage \ during \ supine \ traction$



Triton Traction Unit		
Mains Power:	100 - 240 V, 50/60 Hz	
Power Consumption:	75 W	
Current Consumption:	3.2 Amps Max	
Weight:	14 kg	
Dimensions*:	45 x 24 x 45 cm	
Electrical Safety Class:	Class 1, Type B	
Safety Tests:	IEC/UL/EN 60601-1, IEC/EN 60601-1-2, CAN C22.2 No. 601.1-M90 w/A2 - Meets MDD 93/42/EEC, CE 0413	
Triton DTS Traction Tab	le	
Mains Power:	230 V, 50 Hz; 120 V, 60 Hz	
Current:	230 V - 1.8 A; 120 V - 3.3 A	

Mains Power:	230 V, 50 Hz; 120 V, 60 Hz
Current:	230 V - 1.8 A; 120 V - 3.3 A
Power Input:	230 V - 230 W; 120 V - 200 W
Weight:	143 kg
Dimensions*:	203.2 x 71 x 51 to 102 cm
Electrical Safety Class:	Class 1, Type B
Safety Tests:	IEC/UL/EN 60601-1, CAN/CSA C22.2 No. 601.1-M90 w/A2

#### **EMG Module**

Electrical Safety Class: Class 1, Type BF

\* Dimensions are listed as L x W x H  $\,$ 





## **TRITON TRACTION UNIT**



Part Number	Description
Triton Traction U	nit
4749	Triton Traction Unit
Standard Accesso	ries
48083	Patient Interrupt Switch
27465	Patient Data Cards (1x)
48144	User Manual on CD
Optional Accessor	ries
4766	EMG module includes:
- 48084	Patient Interrupt/EMG Indicator Switch
- 27321	EMG Leadwire
- 42192	DuraStick® Plus 5cm Round Electrodes (4x)
	DuraStick® Premium 3cm Round

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\* Dimensions are listed as L x W x H

Triton Traction Unit	Triton Traction Unit		
Mains Power:	100 - 240 V, 50/60 Hz		
Power Consumption:	75 W		
Current Consumption:	3.2 Amps Max		
Weight:	14 kg		
Dimensions*:	45 x 24 x 45 cm		
Electrical Safety Class:	Class 1, Type B		
Safety Tests:	IEC/UL/EN 60601-1, IEC/EN 60601- 1-2, CAN C22.2 No. 601.1-M90 w/A2 - Meets MDD 93/42/EEC, CE 0413		
EMG Module			
Electrical Safety Class:	Class 1, Type BF		



#### **FEATURES**

- Static, intermittent, and cycling traction
- Independent timers allow easy customization of traction pulls in progressive, regressive, and traction phases
- Variable speed motor (30%, 50% and 100%)
- Pretension step eases the patient into traction to prevent muscle guarding and pretest patient's tolerance to traction force
- Clinical Protocols™ provided for both cervical and lumbar conditions
- Full color graphic library complete with visual tutorial of belting techniques, anatomical images and common pathologies
- Digital high resolution color touch screen that pivots 270°
- 80 User defined protocol slots
- Easily store treatment parameters, pain scales, and pain maps on Patient Data Cards
- Upgrade with the optional EMG module





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## TRU TRACTRACTION UNIT AND TRACTION TABLES





#### **FEATURES**

#### **Tru-Trac Traction Unit**

- Static, intermittent, and cycling Traction
- User-defined hold, rest and treatment times
- 10 User-defined protocol slots to store customized settings
- Digital monochromatic touch screen interface that pivots 270°
- Easily store treatment parameters, pain scales, and pain maps on Patient Data Cards

#### **TTET-200**

The TTET-200 is a two-section, 71 cm wide table with an adjustable height from 48 cm - 96 cm and a working load of 181 kg. Optional retractable casters are available. Traction unit and traction stool sold separately. Available in all upholstery colors shown in chart.

## **TTFT-200**

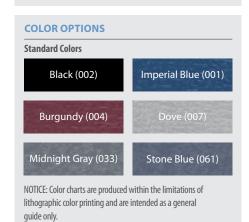
The TTFT-200 is a two-section, 71 cm wide table with a fixed height 81 cm from top to floor and a working load of up to 159 kg. Traction unit and traction stool sold separately. Available in all upholstery colors shown in chart.





ORDERING INFORMATION		
Part Number	Description	
Tru-Trac Traction	Device	
4779	Tru-Trac Traction Unit	
Standard Accesso	ries	
48082	Patient Interrupt Switch	
27465	Patient Data Cards (1x)	
48079	User Manual on CD	
Economy Hi-Lo Tra	action Table	
6870	TTET-200	
Optional Accessor	ries	
66898	Foot Switch	
86016	Retractable Casters	
Economy Fixed Ho	eight Traction Table	
6840	TTFT-200	

Tru-Trac Traction Device	e
Mains Power:	100 - 240 V, 50/60 Hz
Power Consumption:	75 W
Current Consumption:	3.2 Amps Max
Weight:	14 kg (30 lbs)
Dimensions*:	45 x 24 x 45 cm
Electrical Safety Class:	Class 1, Type B
Safety Tests:	IEC/UL/EN 60601-1, IEC/EN 60601- 1-2, CAN C22.2 No. 601.1-M90 w/A2 - Meets MDD 93/42/EEC, CE 0413
Economy Hi-Lo Tractio	n Table
Mains Power:	230 V, 50/60 Hz; 120 V, 60 Hz
Current:	230 V - 1.0 A; 120 V - 1.6 A
Power Input:	230 V - 230 W; 120 V - 200 W
Weight:	64 kg (140 lb)
Dimensions*:	196 x 71 x 48 to 96 cm
Electrical Safety Class:	Class 1, Type B



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#### **ORDERING INFORMATION Part Number** Description **Saunders Cervical Traction** 199594 Saunders Cervical Traction **Standard Accessories** 700723 Headstrap and Pads 700472 Hand Pump Replacement Kit 700724 Angle Adjuster 96459 Shoulder Bag User's Guide 360365 Saunders Lumbar HomeTrac 199603 Saunders Lumbar HomeTrac **Standard Accessories** Hand Pump Replacement Kit 101130 14-9964 Carrying Case and Harnesses 700664 User's Guide 700666 Upper harness

Lower Harness

## **SAUNDERS® HOME TRACTION DEVICES**





#### **FEATURES**

## Safe

- A proven alternative to surgery for some patients
- Traction forces are directed to the back of the head to prevent compression of the TMJ
- Easy to read pressure gauge provides total control of the force at all times
- Blow-off valve limits the amount of force that can be applied
- The Lumbar HomeTrac's friction free surface ensures smooth motion

#### Effective

- A cost effective option to continuous clinical care
- Saunders Cervical Home Traction's innovative design replicates clinical traction and promotes consistency of treatment
- The Cervical Home Traction's positioning alternatives allow varying treatment options for the clinician

#### **Effective (Cont.)**

- Patented pneumatic system ensures reliable force accuracy and leak-free performance
- The Lumbar HomeTrac's split table design and actively moving treatment surface replicates clinical traction and promotes consistency of treatment

#### Easy to Use

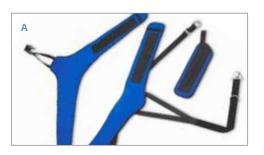
- A portable treatment solution that increases patient compliance and satisfaction
- Patented self adjusting neck wedges ensure a perfect fit on the Saunders Cervical Home Traction
- Patented pump design incorporates a simple "click in place" mechanism
- Quick and simple patient set-up enables home traction without assistance
- Lumbar Home Trac's non-slip belts comfortably secure the patient to the device





## **TRACTION ACCESSORIES**



















#### **FEATURES**

## A Deluxe Universal Belt System

- Universal fit
- For use with pelvic or lumbar traction applications up to 91 kg

#### **B** Mobile Traction Stand

- Provides a traction mount for Chattanooga traction devices to be secured to almost any table
- Fully adjustable
- Secure strapping to table
- Traction unit sold separately

#### C Overdoor Traction Kit

- Over-the-door cervical traction kit
- For patient administered flexion or extension cervical traction

#### D Naugahyde® Knee Wedge

- Provides optimum body position for multiple treatment applications
- Covered with durable Naugahyde® upholstery for maximum durability

#### E Naugahyde® Bolsters

- Bolsters offer unlimited functional purposes
- Improve weight-bearing dynamic gross motor movements, coordination, righting reactions, balance, strength and muscle tone
- High density urethane foam covered with durable Naugahyde® upholstery

#### F Naugahyde® Wedges

- Flat surfaced positioning shapes used to build head control, sitting balance, trunk control and upper extremity function
- Accommodated multiple body positions
- High density urethane foam covered with durable Naugahyde® upholstery

#### **G** Facial Pillow

• Supports the head and neck of the patient for more comfortable traction sessions

#### **H Pneumatic Stools**

These are high-quality, low-priced therapy stools with an 8 cm (3") thick foam upholstered swivel seat. They have a convenient gas spring which makes raising and lowering of the stool 46-56 cm (18" - 22") simple. These stools support 158 kg (350 lbs) and are available with or without a back.

Part Number	Description
<b>A</b> 1410	Deluxe Universal Belt System
<b>B</b> 3600	Mobile Traction Stand
<b>C</b> 4390	Overdoor Traction Kit
<b>D</b> 42901	Bolster Set DTS
<b>E</b> 867300002	Naugahyde Bolsters 15 cm x 61 cm
<b>F</b> 866300002	Naugahyde Wedges 10 cm x 51 cm x 56 cm
<b>G</b> 4291	Facial Pillow
H Pneumatic St	ools
77060	Imperial Blue without Back
77061	Burgundy without Back
77062	Dove Gray without Back
77063	Black without Back
77064	Imperial Blue with Back
77065	Burgundy with Back
77066	Dove Gray with Back

TECHNICAL	<b>SPECIFICATIONS</b>
TECHNICAL	SPECIFICATIONS

Mobile Traction Stand	
Dimensions*:	86 cm x 69 - 102 cm x 66 - 100 cm
Mounting Surface:	32 cm x 27 cm
Weight:	17 kg

<sup>\*</sup> Dimensions are listed as L x W x H  $\,$