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Portable Electrotherapy 2011







INTRODUCTION



Rehabilitation, pain relief, recovery, muscle reinforcement...

Today, the benefits of electrotherapy are now recognized by both physiotherapists and doctors working in the field of pain relief and sports.

CefarCompex brings you the ultimate technology with one goal: to support you in your everyday professional life.

More specifically, working with CefarCompex means choosing high-quality therapeutic solutions and enjoying an effective range of products that meet your requirements, regardless of your work methodology, customer base or budget.

Choosing CefarCompex products will guarantee effective results. It also means choosing the greatest electrotherapy research and innovation capabilities worldwide. From self-adhesive electrodes to the most sophisticated neurostimulators, all the products in this catalogue meet the highest quality criteria and are designed with a single goal in mind: to help you provide patients with optimal treatments.

As the world's leading brand in portable electrotherapy, CefarCompex is sold in over 80 countries worldwide. CefarCompex is directly represented in our key markets but also has long lasting relationships with dedicated distributors in Latin America, EMEA and Asia Pacific. Our CefarCompex distributors and customers are supported for order placement, training, product delivery and after sales service by a dedicated team of highly skilled DJO employees based all over the world.

CefarCompex is a brand of DJO Incorporated. DJO is a leading global developer, manufacturer and distributor of high-quality medical devices that provide solutions for musculoskeletal health, vascular health and pain management. The company's brands address the continuum of patient care from injury prevention to rehabilitation after surgery, injury or degenerative disease.





HOUSE OF QUALITY BRANDS



















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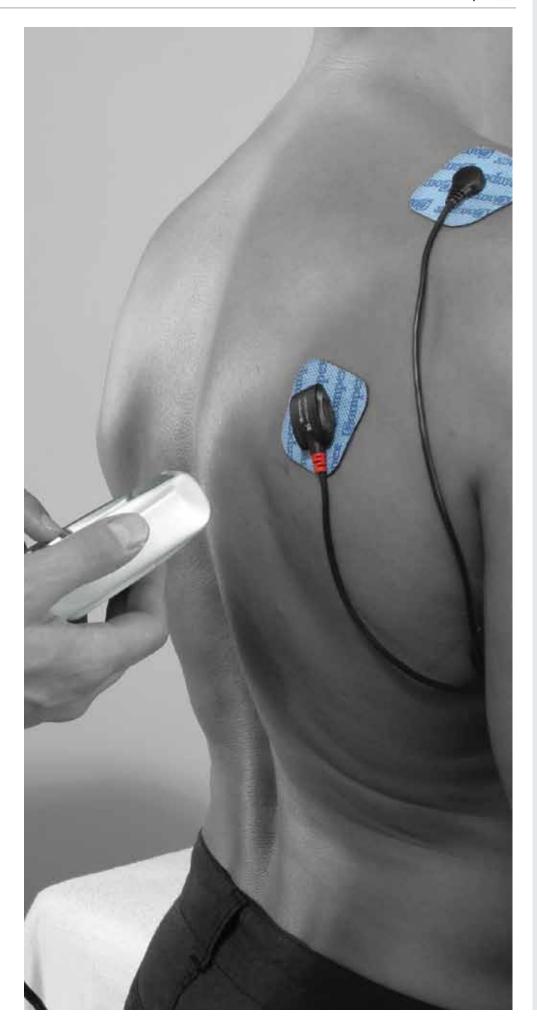
Probes

Electrodes

Accessories

Electrode Charts

Frequently asked questions



Introduction **Selection Guide** MI-Sensor Compex 3 Mi-Theta 600 Theta 500 Physio 5 9 Rehab 400 10 Cefar Rehab X2 11 Cefar Peristim Pro 12 Cefar Primo Pro 13 Cefar Basic 14 Cefar Easy / Cefar Femina 15

SELECTION GUIDE



					THERAPEUTIC	INDICATIONS			
	PRODUCT	PAIN RELIEF	MUSCLE REHAB	EDEMA	WOUND HEALING	INCONTINENCE	INCREASED CIRCULATION	IONTOPHORESIS	DENERVATED
A DOO	Compex 3	/	/	/	/	1	√	/	√
21110	Mi Theata 600	/	√		√		√		
inn	Theta 500	1	√		√		√		
:1111	Physio 5	/	√		1	/	√	/	✓
:111	Rehab 400	1	√		1		√		
1280 3 LS	Rehab X2	1	√		1		√		
1280 323I	Peristim Pro	/				/			
15 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Primo Pro	/			√				
MED ATE	Basic	/			√				
0	Easy	/							
PS ABSI	Femina	/	√				/		

MI-SENSOR TECHNOLOGY



JALITY:

THE ULTIMATE IN PRECISION QUALITY: MITECHNOLOGY

Developed in our research laboratories, Compex's revolutionary and exclusive Muscle IntelligenceTM technology automatically adjusts and tailors stimulation parameters to each patient's physical characteristics. This automatic personalization makes the treatment more efficient and more comfortable for the patient.

$\mathbf{m}i$ -sensor

The sensor forms an interactive link between the muscle and the stimulator. It gives you access to 4 functions:

∏i-SCAN: A Personal Touch

This function uses the sensor to determine and tailor the optimal stimulation parameters to each patient and for each session.

$\mathbf{m}i$ – ACTION : Involving the Patient

Combined active exercise allows the therapist to better incorporate electrotherapy into treatments. Mi-Action allows patients to trigger the stimulation with their own active muscle contraction.

$\vec{n}i$ – TENS : Self-Regulating Pain Therapy

A continuous control of the stimulation energy in order to eliminate unwanted contractions during a pain relief program.

$rac{\mathbf{m}}{i}$ -RANGE: Controlling Energy

In order to enhance optimal contractions in low-frequency programs (i.e endorphin) the Mi-Range indicates the minimum and maximum energy level to the therapist.

COMPEX 3



MI-THETA 600



THETA 500



MI-Sensor Technology is equipped as standard with the Compex 3 and Mi-Theta 600.

The Theta 500 can be easily upgraded to a Mi-Technology capable device through the purchase of Mi-Sensor lead wires.





Part Number	Description
Compex 3 All kits below inc	lude electrodes
513100	Compex 3 Kit, (FR) with EU plug
513101	Compex 3 Kit, (DE) with EU plug
513102	Compex 3 Kit, (EN) with EU plug
513103	Compex 3 Kit, (ES) with EU plug
513104	Compex 3 Kit, (NL) with EU plug
513105	Compex 3 Kit, (IT) with EU plug
513109	Compex 3 Kit, (EN) with UK plug
513111	Compex 3 Kit, (ES) with US plug
Standard Acces	sories
842300	Instruction for use (user manual, practical guide electrode placements guide included) (FR)
842301	Instruction for use (user manual, practical guide electrode placements guide included) (DE)
842302	Instruction for use (user manual, practical guide electrode placements guide included) (EN)
842303	Instruction for use (user manual, practical guide electrode placements guide included) (ES)
842304	Instruction for use (user manual, practical guide electrode placements guide included) (NL)
842305	Instruction for use (user manual, practical guide electrode placements guide included) (IT)
680031	C3 Bag with CC logo
683028	Docking Station
690001	Protection Cover
601162	USB Cable
601161	Cable 6P adapter for probe
880041	CD, Compex 3
941213	Battery Pack High Energy
980026	Compex Pro Pack motor point pen
602047	Bottle of Gel (250g)
601131	Lead Wire with Snap Connector (4 cables/kit
601132	Lead Wire with Pin Connector (4 cables/kit)
683010	Charger, 9V - 1.4A - EU
683016	Charger 9V - 1.4A - US
683012	Charger 9V - 1.4A - UK
601160	Mi-Sensor Lead Wire (1pc)
642110	lontophoreses Electrodes (1 set)
	Flexible Electrodes (1 set)
602110	TICKIDIC LICCITOUCS (T SCI)

COMPEX 3



4 channels and 4 sensors:

All you need for top performance!

Integrated electrotherapy and proposed treatments combining for a range of rehabilitation techniques and stimulation therapy. With Compex 3, this approach was taken one step further.

- Manage daily list of patients and treatments
- Access the history of re-education sessions
- Create personalized programs, if necessary. All these features are centralized in the stimulator and everything is easily accessible
- Featuring the Mi Technology, Compex 3 provides all the standard neuro stimulation programs, but also programs for denervation and treatments performed using direct current

Deploy Treatment Methods:

Software, Docking Station and Stimulator

To prepare and manage daily treatment plans and monitor each individual patient, a patient interface establishes a link between the computer and



Compex 3 by means of a docking station and a USB connection. The docking station further serves as a storage receptacle and charging station.

The patient interface software offers useful, simple and quick functionality for consultants.

Compex 3: A Tool Designed For Treatment

The easy-to-navigate Compex 3 drop-down menus provide all the benefits of modern electrotherapy. Pictograms representing program families provide easy access to applications or specific indications.

Planning:

Organize the different stages of patients' electrotherapy treatment:

- By creating a list of patients on the computer
- By assigning personalized treatments
- By transferring the list of patients to the Compex 3
- By updating the list at any time

History / Archiving:

 Store information in the form of patient files, a great benefit for fast and concise management of electrotherapy work

Synchronising:

• Exchange user data and treatment plans between Compex 3 and the computer in seconds

Programming:

 Access freely all electrotherapy programming parameters via a user-friendly interface





FEATURES

- Compex 3 provides preset treatment programs for muscular rehabilitation, pain relief, denervated muscles, hyperhidrosis and lontophoresis as well as edemas
- Programmable: Create and personalize programs, in order to customize the parameters specific to patients.
- Mi-Technology provided with four Mi-Sensors included in the kit: Mi-Scan, Mi-Action, Mi-Tens and Mi-Range.
- Ti-Tens: Sensitivity is assessed Compex 3 helps you to determine the sensitivity level before starting a Gate control stimulation type session, tailored to each patient
- Denervated treatments: Use your Compex 3 to determine whether denervation is total or partial. For a partial denervation Compex 3 performs an automatic ramp search
- · Iontophoresis: Available on one channel. Automatically calculates the advised electrical density.
- Tools: Compex 3 comes with a User Guide, Practical Guide and an electrode placement booklet. You have access to all the tools plus a video which shows all electrode placements in the software
- Motor point pen: Included in the kit. This very useful tool together with the dedicated program helps ensure the optimal electrode placement
- Rechargeable battery: With the recharger included in the kit, a full cycle of recharging will take a maximum of 2.5 hours
- Two year warranty





TECHNICAL SPECIFICATIONS NiMH, 4.8V, 2000 mAh Power Supply: 300g (+/-15g), incl. battery Weight: Dimensions*: 135 x 94 x 33 mm Pulsed Width: 30 μ seconds - 1000 ms Output Frequency: 1-150 Hz Current: 0-120 mA PC synchronization: USB connection **Electrical Safety Class:** Class II, Type BF IEC 60601, IEC 60601-1-2 Complies with Safety Tests: IEC 60601-1-2-10

WAVEFORMS	
	Symmetrical Biphasic 100% compensated
	Monophasic - Continuous - Cycle Timed - Rectangular Pulsed - Triangular Pulsed

Galvanic/Direct Current

* Dimensions are listed as LxWxH

.....

ORDERING INFORMATION

Part Number	Description
Mi-Theta 600 Full kit includes 6	bags of 4 electrodes
2521160	Mi-Theta 600, (FR-DE-ES-IT-EN) with EU plug
2521104	Mi-Theta 600, (NL) with EU plug
2521112	Mi-Theta 600, (GR) with EU plug
2521114	Mi-Theta 600, (SE) with EU plug
2521115	Mi-Theta 600, (PT) with EU plug
2521117	Mi-Theta 600, (TU) with EU plug
2521660	Mi-Theta 600, (FR-DE-ES-IT-EN) with US plug
2521960	Mi-Theta 600, (FR-DE-ES-IT-EN) with UK plu
Standard Acces	sories
4520160	User Manual, Theta 500/Mi-Theta 600: (FR-DE-ES-IT-EN)
4520161	User Manual, Theta 500/Mi-Theta 600: (NL-SE-PT-TR-GR)
4841500	Practical Guide CC Family (FR-DE-ES-IT-EN)
4841501	Practical Guide CC Family (NL-SE-PT-TR-GR)
601131	Lead Wire with Snap Connector (4 cables/kit)
601132	Lead Wire with Pin Connector (4 cables/kit)
601160	Mi-Sensor Lead Wire (1pc)
602047	Bottle of Gel (250g)
680031	C3 Bag with CC logo
683010	Charger 9V - 1.4A - EU
683012	Charger 9V - 1.4 - UK
683016	Charger 9V - 1.4A - US
941213	Battery Pack High Energy
949000	Belt Clip
980026	Compex Pro Pack motor point pen

TECHNICAL	SPECIFICATIONS

For Electrodes, please see pages 17-18

Number of Channels:	4
Number of Programs:	83
Number of preset, unique programs, inlcuding levels:	134
Constant Current:	Up to a resistance of Max 1300 Ohm/channel
Maximum Amplitude:	120 mA
Intensity:	Manual adjustment (energy units) 0-999
Intensity Increments:	Minimum 0.5 mA
Pulse Duration/Width:	30-400 μ seconds
Frequency:	1-150 Hz
Power Source:	NiMH, 4.8V, 2000 mAh
Dimensions*:	138 x 95 x 33 mm
Weight:	300g (+/-15g), incl. battery
Electrical Safety Class:	Class II, Type BF
Complies with Safety Tests:	IEC 60601-1, IEC 60601-1-2, IEC 60601-2-10
* Dimensions are listed as L x \	N v H

MI-THETA 600



Mi-Theta 600 serves several purposes

The Mi-Theta 600 shows top performance for the medical professional with high expectations. A stimulator prepared for all indications that a frequent electrotherapy user could come across in Sports Medicine as well as Orthopedic and/or Neurological rehabilitation.

Mi-Theta 600 is programmable and kitted with two Mi-Sensors which gives full access to the Mi-Technology (i.e. Mi-Scan, Mi-Action, Mi-Tens and Mi-Range.)

FEATURES

- Programmable: Create and personalize programs, in order to customize the parameters specific to patients
- Mi-Technology: Two Mi-Sensors are included in the kit and provide the possibility to fully use the Mi-technology with Mi-Action, Mi-Range, Mi-Tens and Mi-Scan. The Mi-technology optimizes the stimulation output and comfort
- 2+2 function: Choose one program for channel 1 and 2, and then select one program from the 2+2 program list for channel 3 and 4. This allows treatment of two different body parts, two patients at the same time, or combine NMES and TENS as one treatment
- 134 unique programs: A large selection of indication specific treatment programs which make it easy for the PT to treat a patient with the optimal program parameters
- Full selection of indication-specific programs: "Specific rehab programs" with a unique ACL program for knee rehabilitation, and the "Specific pain relief category" with 13 different indication specific programs

- Three levels of progression: The muscle stimulation programs have three levels of progression. The different levels in each program are designed to re-educate the muscle gradually. Three levels ensure that optimal progress in rehabilitation is achieved
- A detailed Practical Guide: Guidelines and treatment recommendations as well as technical parameters for all programs included in the stimulator are provided. On the fold out cover there are illustrations of the suggested electrode placements
- Motor point pen: Included in the kit. This very useful tool together with the dedicated program, helps ensure the optimal electrode placement
- Rechargeable battery: With the recharger included in the kit, a full cycle of recharging will take a maximum of 2.5 hours
- Two year warranty

WAVEFORMS



THETA 500





Theta 500 progresses with the therapist

Theta 500 is a stimulator that has been developed from the experience of electrotherapy and clinical treatments of Orthopedic and/or Neurology patients. The unit is Mi-ready, meaning Mi-Technology is built in, ready to use when the optional Mi-Sensor leads are purchased.

FEATURES

- Programmable: Create and personalize programs, in order to customize the parameters specific to patients
- 2+2 function: Choose one program for channel 1 and 2, and then select one program from the 2+2 program list for channel 3 and 4. This allows treatment of two different body parts, or two patients at the same time, or combine NMES and TENS as one treatment
- 52 unique programs: Indication-specific programs make it easy for the PT to treat a patient with the optimal program parameters. These indications cover Pain relief, Rehabilitation, Sport, Fitness, Aesthetic and Massage categories. A carefully selected collection of the best programs from Cefar and Compex
- A detailed Practical Guide: Guidelines and treatment recommendations as well as technical parameters for all programs included in the stimulator are provided. On the fold out cover there are illustrations of the suggested electrode placements
- Motor point pen: Included in the kit. This very useful tool together with the dedicated program, helps ensure the optimal electrode placement

- Rechargeable battery: With the recharger included in the kit, a full cycle of recharging will take a maximum of 2.5 hours
- Two year warranty

WAVEFORMS



Symmetrical Biphasic 100% compensated

ORDERING INFORMATION Part Number Description Theta 500 Full kit includes 4 bags of 4 electrodes Theta 500, (FR-DE-ES-IT-EN) with EU plug 2520104 Theta 500, (NL) with EU plug 2520114 Theta 500, (SE) with EU plug Theta 500, (PT) with EU plug 2520117 Theta 500, (TU) with EU plug Theta 500, (GR) with EU plug Theta 500, (FR-DE-ES-IT-EN) with US plug 2520960 Theta 500, (FR-DE-ES-IT-EN) with UK plug Standard Accessories User Manual, Theta 500/Mi-Theta 600: 4520160 (FR-DE-ES-IT-EN) User Manual, Theta 500/Mi-Theta 600: 4520161 (NL-SE-PT-TR-GR) 4841500 Practical Guide CC Family (FR-DE-ES-IT-EN) 4841501 Practical Guide CC Family (NL-SE-PT-TR-GR) 601131 Lead Wire with Snap Connector (4 cables/kit) Lead Wire with Pin Connector (4 cables/kit) 601132 602047 Bottle of Gel (250g) 680031 C3 Bag with CC logo 683010 Charger 9V - 1.4A - EU 683012 Charger 9V - 1.4 - UK 683016 Charger 9V - 1.4A - US 941213 Battery Pack High Energy 949000 Relt Clin 980026 Compex Pro Pack motor point pen **Optional Accessories** 601160 Mi-Sensor Lead Wire (1pc) For Electrodes, please see pages 17-18

TECHNICAL SPECIFICATIONS Number of Channels: Number of Programs: Number of preset, unique 75 programs, inlcuding levels: Up to a resistance of Max 1300 Constant Current: Ohm/channel Maximum Amplitude: 120 mA Manual adjustment (energy units) Intensity: 0-999 Intensity Increments: Minimum 0.5 mA Pulse Duration/Width: 30-400 μ seconds Frequency: 1-150 Hz Power Source: NiMH, 4.8V, 2000 mAh Dimensions*: 138 x 95 x 33 mm Weight: 300g (+/-15g), incl. battery Electrical Safety Class: Class II, Type BF IEC 60601-1, IEC 60601-1-2, Safety Tests: IEC 60601-2-10 * Dimensions are listed as LxWxH

CefarCompex

ORDERING INFORMATION Part Number Description Physio 5 All kits below include electrodes 2528116 Physio 5, (FR-DE-ES-IT-EN) with EU plug 2528104 Physio 5, (NL) with EU plug 2528112 Physio 5, (GR) with EU plug 2528114 Physio 5, (SE) with EU plug 2528115 Physio 5, (PT) with EU plug 2528117 Physio 5, (TR) with EU plug 2528118 Physio 5, (PT) with US plug 2528660 Physio 5, (FR-DE-ES-IT-EN) with US plug 2528960 Physio 5, (FR-DE-ES-IT-EN) with UK plug **Standard Accessories** CD User Manual Physio 5 (FR-DE-ES-IT-EN-NL-885908 GR-SF-PT-TR) 4841519 Practical Guide Physio 5 (FR-DE-ES-IT-EN) Practical Guide Physio 5 (NL-GR-SE-PT-TR) 4841520 601132 Lead Wire with Pin Connector (4 cables/kit) 602047 Bottle of Gel (250g) 680031 Bag with CC logo 683010 Charger 9V - 1.4A - EUCharger 9V - 1.4A - US683016 683012 Charger 9V - 1.4A - UK 941213 Battery Pack High Energy 949000

TECHNICAL SPECIFICATIONS

Compex Pro Pack Motor Point Pen

Iontophoresis Electrodes (1 set)

Flexible Electrodes (1 set)

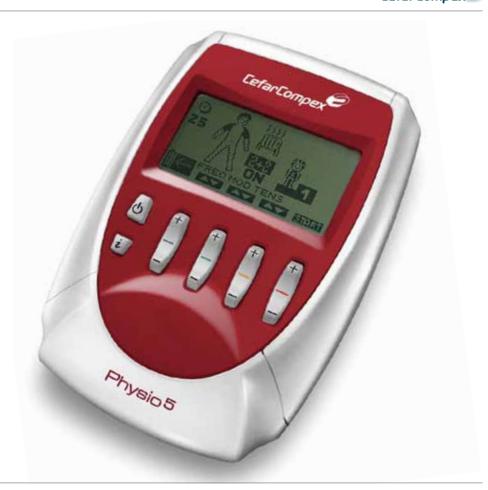
980026

642110

602110

Numbers of Channels:	4
Number of Programs:	31
Constant Current:	Up to a resistance of Max 1300 Ohm/channel
Maximum Amplitude:	120 mA
Intensity:	Manual adjustment (energy units) 0-999
Intensity Increments:	Minimum 0.5 mA
Pulse Duration/Width:	30-400 μ seconds
Frequency:	1-150 Hz
Power Source:	NiMH, 4.8V, 2000 mAh
Dimensions*:	138 x 95 x33 mm
Weight:	300g (+/-15g), incl battery
Electrical Safety Class:	Class II, Type BF
Comply with Safety Tests:	IEC 60601-1, IEC 60601-1-2, IEC 60601-2-10

PHYSIO 5

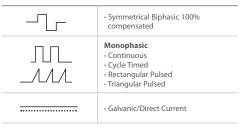


The Physio 5 is a stimulator that has been developed from the experience of electrotherapy and clinical treatments of Orthopedic and/or Neurology patients. It has been prepared for all indications that a frequent electrotherapy user could come across.

FEATURES

- · Programmable: Create and personalize programs, in order to customize the parameters specific to patients
- 2+2 function: Choose one program for channel 1 and 2, and then select one program from the 2+2 program list for channel 3 and 4. This allows treatment of two different body parts, or two patients at the same time, or combine NMES and TENS as one treatment
- 31 unique programs: Indication-specific programs make it easy for the PT to treat a patient with the optimal program parameters. These indications cover Pain relief, Rehabilitation, Incontinence, Conditioning and Aesthetic categories. A carefully selected collection of the best programs from Cefar and Compex
- A complete device: In addition of standard programs, Denervated and Iontophoresis treatments
- A detailed Practical Guide: Guidelines and treatment recommendations as well as technical parameters for all programs included in the stimulator are provided. On the fold out cover there are illustrations of the suggested electrode placements
- Motor point pen: Included in the kit. This very useful tool together with the dedicated program helps ensure the optimal electrode placement
- Rechargeable battery: With the charger included in the kit, a full cycle of recharging will take a maximum of 2.5 hours
- Two year warranty

WAVEFORMS









Rehab 400 - in support of rehabilitation

A handheld four channel unit loaded with all of the fundamental electrotherapy programs for TENS and NMES. Rehab 400 was created for the medical professional familiar with electrotherapy, who uses it for rehabilitation in Orthopedics, Neurology or Sports Medicine.

FEATURES

- A selection of 35 general programs: Including Pain relief, Rehabilitation, Sport, Fitness, Aesthetic and Massage categories. A carefully selected collection of the best programs from Cefar and Compex
- 2+2 function: Choose one program for channel 1 and 2, and then select one program from the 2+2 program list for channel 3 and 4. This allows treatment of two different body parts, two patients at the same time, or combine NMES and TENS as one treatment
- A detailed Practical Guide: Guidelines and treatment recommendations as well as technical parameters for all programs included in the stimulator are provided. On the fold out cover there are illustrations of the suggested electrode placements
- 4 independent channels: The four channels make it easy to cover large areas, or to treat two body areas at the same time. The handheld unit works well in an active treatment area where the patient holds the unit at the same time performing the exercises
- Rechargeable battery: With the recharger included in the kit a full cycle of recharging will take a maximum of 2.5 hours
- Two year warranty



WAVEFORMS

ORDERING INFORMATION Part Number Description Rehab 400 Full kit includes 1 bag of 4 electrodes 2519160 Rehab 400, (FR-DE-ES-IT-EN) with EU plug 2519104 Rehab 400, (NL) with EU plug 2519114 Rehab 400, (SE) with EU plug 2519115 Rehab 400, (PT) with EU plug 2519117 Rehab 400, (TR) with EU plug 2519112 Rehab 400, (GR) with EU plug **Standard Accessories** 4519160 User Manual, Rehab 400: (FR-DE-ES-IT-EN) 4519161 User Manual, Rehab 400: (NL-SE-PT-TR-GR) 4841500 Practical Guide CC Family (FR-DE-ES-IT-EN) 4841501 Practical Guide CC Family (NL-SE-PT-TR-GR) 601132 Lead Wire with Pin Connector (4 cables/kit) 602047 Bottle of Gel (250g) 6680033 Pouch with CC logo 683010 Charger 9V - 1.4A - EU 683012 Charger 9V - 1.4 - UK 683016 Charger 9V - 1.4A - US 941213 Battery Pack High Energy 949000 Belt Clip For Electrodes, please see pages 17-18

Number of Programs:	35
Number of preset, unique programs, inlcuding levels:	41
Constant Current:	Up to a resistance of Max 1300 Ohm/channel
Maximum Amplitude:	120 mA
Intensity:	Manual adjustment (energy units) 0-999
Intensity Increments:	Minimum 0.5 mA
Pulse Duration/Width:	30-400 μ seconds
Frequency:	1-150 Hz
Power Source:	NiMH, 4.8V, 2000 mAh
Dimensions*:	138 x 95 x 33 mm
Weight:	300g (+/-15g), incl. battery

Class II, Type BF

IEC 60601-2-10

IEC 60601-1, IEC 60601-1-2

TECHNICAL SPECIFICATIONS

4

Number of Channels:

* Dimensions are listed as L x W x H

Complies with Safety Tests:

Electrical Safety Class:

CEFAR® REHAB X2

CefarCompex

ORDERING INFORMATION Part Number Description Cefar Rehab X2 Rehab X2, Complete kit including hand 2942 switch (EN-ES-FR-IT-SE-DE-PT-FN-TU) **Standard Accessories** 1240 Set of Lead Wires (2pcs) Cefar Rehab X2 User Manual (EN-ES-FR-2948 IT-SE) 1559 Cefar Bag (Black), 2ch 1495 Cefar Neck Strap Batteries, Alk 1.5V AA (2pcs) Hand Switch 1845 **Optional Accessories** 1570 Fast Charger 1.2V Rechargeable Batteries 1800 mAh For Electrodes, please see pages 17-18

Number of Channels:	2
Number of Programs:	27 preset, 3 programmable
Constant Current:	Up to a resistance of Max 1000 Ohm/channel
Maximum Amplitude:	99.5 mA
Intensity Increments:	Minimum 0.5 mA
Max Pulse Duration/Width:	400 μ seconds
Frequency:	1-120 Hz
Power Source:	2x1.5V AA
Dimensions*:	120 x 30 x 50 mm
Weight:	180g, including 2 AA batteries
Electrical Safety Class:	Class II, Type BF
Safety Tests:	IEC 60601-1, IEC 60101-1-2

• Symmetrical Biphasic 100% compensated



Cefar Rehab X2

The Cefar Rehab X2 offers 30 programs covering a large number of indications.

FEATURES

- TENS: Cefar Flow TENS, mixed frequency (Han-stimulation), several pain relief programs
- NMES: Rehab programs for neurological and orthopaedic rehabilitation
- Alternating stimulation, strength programs with active rest, warm up, recovery and massage programs

TECHNOLOGY

- Cefar Easy Touch™: Automatic Intensity
 Adjustment At the press of a button, the intensity
 is automatically set and adjusted according to the
 results of the Auto test analysis
 Cefar Easy Touch makes treatment easier and
 ensures stimulation takes place at an optimal and
 effective level
- Programmable: Cefar Rehab X2 allows the therapist to create and save three personal programs

- Cefar Flow Tens: A preset program featuring a comfortable stimulation method. Use both channels at the same time to combine pain relief with a pleasant massaging sensation. Other advantages: backlit screen, pause function, program lock, timer, key lock, self check and compliance
- · Two year warranty

ADVANTAGES

- Cefar Clinical Guide (CCG™): Comprehensive information about the most common indications can be found in the user manual. Find guidelines and suggested programs with photos of electrode placements for the most common indications
- Hand Switch: The hand switch allows manual adjustment of the contraction time in intermittent stimulation programs, thereby ensuring effective and personalized treatment





CEFAR® PERISTIM PRO





Cefar Peristim Pro

Electrostimulation for treating incontinence

Cefar Peristim Pro has 9 preset programmes to treat stress incontinence, mixed incontinence, urge incontinence, pain related to urinary disorders (e.g. cystitis) and sacral nerve stimulation or acupuncture point stimulation in urge incontinence treatment.

FEATURES

- Stimulation Using Vaginal and/or Anal Probe or Surface Electrodes
- Programmable: Cefar Peristim Pro allows you to add 3 personalized programs
- Backlit Screen: Cefar Peristim Pro has a larger screen and the backlight makes it much easier to read, even if the surrounding light is poor
- $\bullet \ \, \text{Other advantages: pause function, program lock, key lock, compliance, self check}$
- Two year warranty

Part Number	Description	
Cefar Peristim	Pro	
CR1480EXP	Cefar Peristim Pro, Complete kit (EN-DE-FR-IT- NL-SE-SP) - Probe Not Included	
Standard Acce	ssories	
1240	Set of Lead Wires (2 pcs)	
1566	Cefar Peristim Pro User Manual (EN-DE-FR-IT- NL-SE-SP)	
1559	Cefar Bag (Black), 2ch	
1495	Cefar Neck Strap	
1551	Batteries, Alk 1.5V AA (2 pcs)	
Optional Acces	sories	
1570	Fast Charger 1.2V	
1575	Rechargeable Batteries, Alk 1.5V AA (2pcs)	

Number of Channels:	2
Number of Programs:	9 preset, 3 programmable
Constant Current:	Up to a resistance of Max 1000 Ohm/channel
Maximum Amplitude:	99.5 mA
Intensity Increments:	Minimum 0.5 mA
Max Pulse Duration/Width:	300 μ seconds
Frequency:	120 Hz
Power Source:	2x1.5V AA
Dimensions*:	120 x 30 x 50 mm
Weight:	180g, including battery
Electrical Safety Class:	Class II, Type BF
Safety Tests:	IEC 60601-1, IEC 60101-1-2







CEFAR® PRIMO PRO



Part Number	Description					
Cefar Primo Pro						
CR1471EXP	Cefar Primo Pro, Complete kit (DE-EN-ES-IT- NL-NO-PT-FN)					
CR1471	Cefar Primo Pro, Complete kit (FR-SE)					
Standard Acce	ssories					
1240	Set of Lead Wires (2pcs)					
1563	Cefar Primo Pro User Manual (DE-EN-ES-IT- NL-NO-PT-FN)					
1571	Cefar Primo Pro User Manual (FR-SE)					
1559	Cefar Bag (Black), 2ch					
1495	Cefar Neck Strap					
1551	Batteries, Alk 1.5V AA (2 pcs)					
Optional Acces	sories					
1570	Fast Charger 1.2V					
1575	Rechargeable Batteries 1800 mAh					

Number of Channels:	2
Number of Programs:	7 preset, 3 programmable
Constant Current:	Up to a resistance of Max 1500 Ohm/channel
Maximum Amplitude:	60 mA
Intensity Increments:	Minimum 0.5 mA
Max Pulse Duration/Width:	300 μ seconds
Max Frequency:	120 Hz
Power Source:	2x1.5V AA
Dimensions*:	120 x 30 x 50 mm
Weight:	180g, including battery
Electrical Safety Class:	Class II, Type BF
Safety Tests:	IEC 60601-1, IEC 60101-1-2

• Asymmetrical Biphasic 100% compensated



FEATURES

Cefar Primo Pro offers TENS programs to treat different kinds of pain. It has 7 preset treatment programs, plus 3 open slots for creating personalized programs:

- P1: TENS CONVENTIONAL
- P2: BURST/ENDORPHIN
- P3: MODULATED PULSE DURATION STIMULATION
- P4: TREATMENT OF SENSITIVE AREAS
- P5: MIXED FREQUENCY TENS
- P6: TREATMENT OF NAUSEA
- P7: CEFAR FLOW TENS 4 electrodes
- P8-10: PERSONALIZED PROGRAM

TECHNOLOGY

- Cefar Easy Touch™: Automatic Intensity Adjustment At the press of a button, the intensity is automatically set and adjusted according to the results of the Auto test analysis. Cefar Easy Touch makes treatment easier and ensures stimulation takes place at an optimal and effective level
- $\bullet \ 2 \ Independent \ Channels: Perform \ a \ treatment \ using \ two \ different \ programs \ simultaneously \$
- Programmable: Cefar Primo Pro has 3 open slots for personalized programs
- Backlit Screen: The Cefar Primo Pro has a larger screen and the backlight makes it much easier to read, even if the surrounding light is poor. Other advantages: pause function, program lock, key lock, compliance, self check





CEFAR® BASIC





Cefar Basic

A pain relief stimulator meeting all the basic needs

Cefar Basic offers TENS programs for most of the common pain indications. Cefar Basic has 3 preset treatment programs: TENS Conventional, TENS Burst and Modulated TENS (pulse width) programs.

FEATURES

- Cefar Easy Touch™: Automatic Intensity Adjustment At the press of a button, the intensity is automatically set and adjusted according to the results of the Auto test analysis. Cefar Easy Touch™ makes treatment easier and ensures stimulation takes place at an optimal and effective level
- Backlit Screen: The Cefar Basic has a larger screen and the backlight makes it much easier to read, even if the surrounding light is poor. Other advantages: pause function, program lock, key lock, compliance, self check
- Two year warranty

ORDERING INFORMATION Part Number Description

Cefar Basic	
CR1490EXP	Cefar Basic, Complete kit (DE-EN-ES-FR-I' NL-NO-SE)

Standard Accessories

1240	Set of Lead Wires (2pcs)
1566	Cefar Basic User Manual (DE-EN-ES-FR-IT- NL-NO-SE)
1559	Cefar Bag (Black), 2ch
1495	Cefar Neck Strap
1551	Rechargeable Ratteries 1800 mAh

Optional Accessories

15/0	Fast Charger 1.2V
1575	Rechargeable Ratteries 1800 mAh

For Electrodes, please see pages 17-18

TECHNICAL SPECIFICATIONS

Number of Channels:	2				
Number of Programs:	3 preset				
Constant Current:	Up to a resistance of Max 1500 Ohm/channel				
Maximum Amplitude:	60 mA				
Intensity Increments:	Minimum 0.5 mA				
Max Pulse Duration/Width:	180 μ seconds				
Frequency:	80 Hz				
Power Source:	2x1.5V AA				
Dimensions*:	120 x 30 x 50 mm				
Weight:	180g, including battery				
Electrical Safety Class:	Class II, Type BF				
Safety Tests:	IEC 60601-1, IEC 60101-1-2				

WAVEFORMS







CEFAR® EASY / CEFAR® FEMINA



ORDERING INFORMATION Part Number Description Cefar Easy - Kit includes electrodes Cefar Easy, Complete Kit CR1515-(FR 1, DE 2, ES 3, EN 4, IT 5, SE 6, NL 8, PT 9) Cefar Femina - Kit includes electrodes Cefar Femina, Complete kit (FR-DE-ES-EN-IT-SE-NL-PT) **Standard Accessories** 1260 Lead Wire Snap Connection (2pcs) - Cefar Easy 1240 Set of Lead Wires (2pcs) - Cefar Femina Cefar Easy User Manual (FR-DE-ES-EN-IT-SE-1517 NL-PT) Cefar Femina User Manual (FR-DE-ES-EN-1838 IT-SE-NL-PT) Cefar Easy Neck Strap 1519 1495 Cefar Femina Neck Strap 1845 Cefar Femina Hand Switch Batteries, Alk 1.5V AA (2pcs) Cefar Bag (Black), 2ch For Cefar Easy ordering use model number, hyphen, country number as indicated above. Example: Cefar Easy EN = CR1515-4

Number of Channels:	1				
Number of Programs:	2 preset programs each, for back and neck				
Constant Current:	Up to a resistance of Max 1000 Ohm/channel				
Maximum Amplitude:	60 mA				
Intensity Increments:	Minimum 0.5 mA				
Max Pulse Duration/Width:	300 μ seconds				
Max Frequency:	80 Hz				
Power Source:	2x1.5V AA				
Dimensions*:	52 x 30 x 125 mm				
Electrical Safety Class:	Class II, Type B				
Safety Tests:	IEC 60601-1, IEC 60101-1-2				

For Electrodes, please see pages 17-18

Number of Channels:	2
Number of Programs:	5 preset
Constant Current:	Up to a resistance of Max 1500 Ohm/channel
Maximum Amplitude:	60 mA
Intensity Increments:	Minimum 0.5 mA
Max Pulse Duration/Width:	300 μ seconds
Max Frequency:	80 Hz
Power Source:	2x1.5V AA
Dimensions*:	120 x 30 x 50 mm
Electrical Safety Class:	Class II, Type BF
Safety Tests:	IEC 60601-1, IEC 60101-1-2





Cefar Easy

Treating cervical, back and lumbar pain using TENS treatment

FEATURES

- Treat back pain simply and rapidly using the Cefar Easy lumbar belt. The belt ensures comfort and optimal electrode placement every time. The Cefar Easy stimulator is stored in the belt pouch
- Cefar Easy has two analgesic stimulation modes: TENS Gate control and low-frequency relaxing massage stimulation
- 2 year warranty
- Neck Strap: The stimulator comes with a detachable neck strap and belt clip making it easy to use at home

Cefar Femina

For the modern woman, before, during and after childbirth

FEATURES

- Cefar Femina provides pain relief during labor with no side effects to mother or child
- Cefar Femina provides solutions to problems with pregnancy and post pregnancy: swollen feet, neck and shoulder pain, and loss of muscular elasticity
- 2 year warranty
- Neck Strap: The stimulator comes with a detachable neck strap and belt clip making it easy to use at home

WAVEFORMS (CEFAR EASY & CEFAR FEMINA)



PROBES











FEATURES

A SAINT-CLOUD CLASSIC

2-Ring Vaginal Probe

The ring electrodes permit stimulation of the entire vaginal wall. The elongated end facilitates holding. The constricted shape reduces the risk of expulsion during treatment.

B SAINT-CLOUD PLUS Vaginal Probe

The low, lateral position of the large electrodes facilitates muscle work and enhances stimulation comfort. The holding collar ensures that the probe is kept at the optimum penetration depth. The disconnection of the cables allows the probe to be fully immersed in a disinfecting bath.

C SAINT-CLOUD Anal Probe

The 110° angulation ring permits puborectal and anal striated sphincter work. The holding tab helps to hold the probe in place and prevents the risk of expulsion during treatment.

H Snap Adapters

Adapters for connecting snap style electrodes to pin style lead wires. Snap adapters allow easy connection of snap electrodes to any Intelect® device.

ORDERING INFORMATION

Part Number Description

A Saint-Cloud Classic

Saint-Cloud CLASSIC 2-Ring Vaginal Probe
114.502+ (Length: 13 cm / Dia.: 2.5 cm) with 3-pin

DIN connector

B Saint-Cloud Plus Vaginal Probe

Saint-Cloud PLUS Vaginal Probe (Length: 114.610EXP 12.8 cm / Dia.: 2.4 cm) with 2 x 2 mm pin

connectors

Optional Accessories

114.901 Monopolar cable
114.920 Male 3-pin DIN adapter

Saint-Cloud Anal Probe

C 114.240+ Saint-Cloud Anal Probe (Length: 11 cm / Dia.: 1.3 cm) with 3-pin DIN connector

D 114.242+ Saint-Cloud anal probe, 2 x 2 mm pin connectors

E Finger Guard

Finger Guard: To manually search for stimulation points and for manual testing

F Chattanooga EMG Intravaginal Probe

77725 Chattanooga EMG Intravaginal Probe

G Dura-Stick EMG Electrodes

DURA-STICK EMG, 6 cm round electrodes, (100 electrodes/bag)

H Snap Adapters

1336 Snap Adapters

ORDERING INFORMATION Part Number Description **Dura-Stick Premium** 42209 5 cm (2") 42210 5 x 9 cm (2 x 3.5") 42205 3.2 cm (1.25") 42206 5 cm (2") 42207 4 x 6 cm (1.5 x 2.5") 42208 8 x 13 cm (3 x 5") (2 pack) 42211 5 cm (2") **blue gel** 4 x 9 cm (1.5 x 3.5") 42212 blue gel

Note: 4 electrodes per pack unless otherwise noted. 10 packs per case

DURA-STICK® PREMIUM



FEATURES

Stainless Steel Electrodes

- Superior conductivity
- Unmatched electrode conformity pliable material conforms to irregular body contours yet still maintains superior conductivity properties

Blue Gel Electrodes

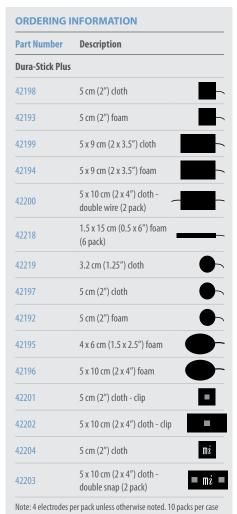
- Multi-layer adhesive gel that optimally bonds to the electrode layer and mesh (scrim) layer
- Gel is formulated to provide multiple applications to sensitive skin





DURA-STICK® PLUS





DURA-STICK®



ORDERING INFORMATION Part Number Description Dura-Stick 42188 42189 5 x 9 cm (2 x 3.5") (2 pack) 42190 5 cm (2") 42191 5 x 9 cm (2 x 3.5") Note: 4 electrodes per pack unless otherwise noted. 10 packs per case

FEATURES

• Cost effective electrodes in which comfort and performance are not sacrificed

• Available with lead wires, proprietary MI snap connection or standard clip

• White cloth backing aids in the conformity of the electrode to the skin

ELECTRODE CONVERSION CHART

			- Och	Chattanooga			CefarCompex					
OLD REF SHAPE	DURA-ST	ICK® PREMIUM	DUR/	\-STICK® II	DUR	RA-STICK®	OR	IGINALE	MULTI	TRODE	STIM	TRODE
	OLD REF: NEW REF:	42050 42209	OLD REF: NEW REF:	42041 42193	OLD REF: NEW REF:	42005 42193	OLD REF: NEW REF:	6221101 42209	OLD REF: NEW REF:	6231301 42190	OLD REF: NEW REF:	6250901 42198
									OLD REF: NEW REF:	6241101 42193		
Blue Gel	OLD REF: NEW REF:	42057 42211					OLD REF: NEW REF:	6221901 42211				
	OLD REF: NEW REF:	42055 42195 42207	OLD REF: NEW REF:	42043 42194	OLD REF: NEW REF:	42004 42194	OLD REF: NEW REF:	6221201 42210	OLD REF: NEW REF:	6231401 42191	OLD REF: NEW REF:	6260601 42199
			OLD REF: NEW REF:	42045 42196 42208	OLD REF: NEW REF:	42006 42196 42208	OLD REF: NEW REF:	6221601 42212	OLD REF: NEW REF:	6241401 42194		
	OLD REF: NEW REF:	42051 42210			OLD REF: NEW REF:	42046 42196 42208			OLD REF: NEW REF:	6241701 42189		
Blue Gel	OLD REF: NEW REF:	42059 42212										
											OLD REF: NEW REF:	6250801 42200
											OLD REF: NEW REF:	6131403 42218
	OLD REF: NEW REF:	42048 42206	OLD REF: NEW REF:	42061 42219 42205	OLD REF: NEW REF:	42011 42192	OLD REF: NEW REF:	6210101 42205	OLD REF: NEW REF:	6231001 42190	OLD REF: NEW REF:	6250101 42219
	OLD REF: NEW REF:	42049 42206	OLD REF: NEW REF:	42042 42192	OLD REF: NEW REF:	42009 42192	OLD REF: NEW REF:	6210201 42206	OLD REF: NEW REF:	6241001 42219	OLD REF: NEW REF:	6250501 42197
			OLD REF: NEW REF:	42044 42192					OLD REF: NEW REF:	6231101 42190		
	OLD REF: NEW REF:	42053 42195 42207					OLD REF: NEW REF:	6220601 42207				
							OLD REF: NEW REF:	6220701 42207 42208				
							OLD REF: NEW REF:	6220801 42208				
											OLD REF: NEW REF:	6259101 42201
											OLD REF: NEW REF:	6259201 42202
mi											OLD REF: NEW REF:	6260561 42204
■ mi ■											OLD REF: NEW REF:	6260571 42203

The chart above details by shape and part number the former available electrodes, paired with the new part number of the newly designed **Dura-Stick® Premium**, **Dura-Stick Plus**, and **Dura-Stick** electrodes. The new part numbers are color coded to help you identify which class of electrode the number corresponds with.

ELECTRODE CONNECTOR REFERENCE CHART

		CONN				
PRODUCT	UNIT CON	NECTION	ELECTRODE (CONNECTION	REFERENCE	
	CONNECTOR DIAGRAM	CONNECTOR NAME	CONNECTOR DIAGRAM	CONNECTOR NAME		
		6P Compex Connector		2x2 mm male PIN Connectors	Set of 4: 7601132	
COMPEX 3		6P Compex Connector		2 Snap Connectors	Set: 7601131 Red: 7601061 Yellow: 7601062 Green: 76010063 Blue: 7601064	
		6P Mi-Sensor		1 Snap Connector and 1 mi-Sensor	Set: 7601160	
		6P Compex Connector		2x2 mm male PIN Connectors	Set of 4: 7601132	
Mi-THETA 600 Theta 500		6P Compex Connector		2 Snap Connectors	Set: 7601131 Red: 7601061 Yellow: 7601062 Green: 76010063 Blue: 7601064	
		6P Mi-Sensor		1 Snap Connector and 1 mi-Sensor	Set: 7601160	
REHAB 400 PHYSIO 5		6P Compex Connector		2x2 mm male PIN Connectors	Set of 4: 7601132	
CEFAR REHAB X2 CEFAR BASIC CEFAR FEMINA CEFAR PRIMO PRO CEFAR PERISTIM PRO		Cefar X2 Connector	0	2x2 mm male PIN Connectors	Set of 2: 7124000	
CEFAR EASY	© =	Cefar Non-Angled Connector		2 Clip Connectors	Set: 7126000	
SAINT-CLOUD PLUS VAGINAL PROBE			0	2x2 mm female Sockets	114.610EXP	
SAINT-CLOUD CLASSIC VAGINAL PROBE				1 x male 3-pin DIN connector	114.502+	
SAINT-CLOUD				1 x male 3-pin DIN connector	114.240+	
ANAL PROBE			•	2x2 mm female Sockets	114.242+	

ORDERING INFORMATION

Part Number Description

Cefar Easy Stimulation Belt

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6159100 Cefar Easy Belt (Not Shown)

A Cefar Abdo Stimulation Belt

6435590 Cefar Abdo Belt

B Compex 3 Carrying Case

680031 Compex 3 Carrying Bag

C CefarCompex Gel

6602048 CefarCompex Gel (250g)

D Compex 3 Belt Clip

949000 Compex 3 Belt Clip

E FAST CHARGER, 1.2V

1570 Fast Charger, 1.2V

F Mi-Sensor Lead Wire

601160 Mi-Sensor Lead Wire

G Rehab X4 Handswitch

Rehab X4 Handswitch

H Charger/Mains Adapter

2657 Charger/Mains Adapter

I Cefar Neck Strap

495 Cefar Neck Strap

J Compex 3 Docking Station

683028 Compex 3 Docking Station

K Motor Point Pen

698026 Motor Point Pen

L Cable 6P Adapter for Probe

601161 Cable 6P Adapter for Probe

M Lead Wires with Snap Connectors

601131 Lead Wires with Snap Connectors

N Compex 3 USB Cable

601162 Compex 3 USB Cable

O Lead Wires with Pin Connectors

601132 Lead Wires with Pin Connectors

Cefar Bag (Black)

1559 Cefar Bag (Black, 2ch) (Not Shown)

ACCESSORIES







CefarCompex

























FREQUENTLY ASKED QUESTIONS



ARE THERE ANY ABSOLUTE COUNTER-INDICATIONS CONCERNING THE PRACTICE OF ELECTROSTIMULATION?

YES. You should never use the device if a patient has epilepsy or a cardiac stimulator (pacemaker). You should also never apply stimulation to the stomachs of pregnant women or people with a hernia or eventration.

CAN PEOPLE WITH PROSTHESES OR PINS USE CEFARCOMPEX ELECTROSTIMULATORS?

YES. Thanks to its 0 electrical mean, the current used meets medical standards and presents no risk of burns, even in the presence of metal implants.

CAN WOMEN WITH INTRAUTERINE CONTRACEPTIVE DEVICES PRACTICE PERINEAL REHABILITATION USING A CEFARCOMPEX DEVICE?

YES. The compensated current delivered by CefarCompex devices is risk-free, even in the presence of an intrauterine contraceptive device.

ARE THERE ANY RISKS IF THE ELECTRODES ARE PLACED INCORRECTLY?

NO. Incorrect placement of the electrodes presents no risk. Stimulation is simply less effective.

HOW DO YOU FIND THE EXACT MOTOR POINT?

The photos in the electrode placement booklet show their precise positions. To locate your own personal motor point even more accurately, you can move the positive electrode (red) slightly to see where you get the best muscle response.

IS TOLERANCE TO ELECTRICAL INTENSITY THE SAME FOR EVERYONE?

NO. Each person has an individual sensitivity level that depends mainly on his/her make-up (fat, connective tissue, etc.).

IS IT NORMAL FOR THE SKIN UNDER THE ELECTRODES TO BE RED AFTER A SESSION?

Stimulation provokes localized increased blood circulation that may manifest itself as a slight redness that should disappear in a few minutes. If the redness persists, the problem is probably an allergic reaction and we recommend that you seek medical advice.

HOW MANY TIMES CAN THE ELECTRODES BE RE-USED?

Between 15 and 30 times, depending on the skin type. 30 or so applications are possible if the skin is clean and free of oil.

WHAT IS THE BATTERY LIFE?

Battery life can depend on the programs used and the intensities selected. The average battery life is between 15 and 20 hours.

